



FREE SPORTS PHYSICALS PLAY IT SAFE!



The Upper Chesapeake Sports Medicine team will be offering **FREE** sports physicals on June 11 and 13 for high school athletes.

In an attempt to continually improve our process and reduce wait times, please try to follow this schedule:

June 11 at Bel Air High School

3 to 4:30 pm physicals for student athletes from:

CMW, North Harford, Harford Tech, Bel Air, Fallston, John Carroll high schools

4:30 to 6 pm physicals for student athletes from:

Joppatowne, Aberdeen, HdG, Patterson Mill, Edgewood high schools

**must be in line by 6 pm*

June 13 at Edgewood High School

3 to 4:30 pm physicals for student athletes from:

Joppatowne, Aberdeen, HdG, Patterson Mill, Edgewood high schools

4:30 to 6 pm physicals for student athletes from:

CMW, North Harford, Harford Tech, Bel Air, Fallston, John Carroll high schools

**must be in line by 6 pm*

Physicals are valid from the date of the exam through June 2020. Student athletes under 18 years of age must bring a parent/guardian signed copy of the HCPS Pre-participation Physical Evaluation History Form (page 1) or have a parent/guardian present at the physical to be seen. For more information, including HCPS physical forms visit hcps.org.

