

What Is Maryland Youth Crisis Hotline?

The Youth Crisis Hotline is a 24 hour toll free hotline designed to meet the needs of troubled young persons and youth in crisis. It is the only toll free decentralized hotline service for youth in the county.

By calling 1-800-422-0009 toll free from anywhere in Maryland, young people can receive immediate assistance from trained local crisis intervention counselors who are familiar with the available resources in the county in which the young person resides.

The Hotline serves as a primary intervention resource during a crisis, including those situations when young people struggle with thoughts of suicide. During these times of a crisis a young person needs immediate help.

Each Hotline center provides help for youth struggling with problems such as drug and alcohol abuse, physical and sexual abuse, loneliness, depression, relationship difficulties, and any other issues which may precipitate a crisis.

The Hotline provides linkage with local community resources, information and referral, community education and phone support for young people and their families.

The Hotline is targeted for high risk youth. Any young person who is troubled or just needs to talk is welcome to call. However, parents, friends and family members who have concerns about a young person or simply want more information are also invited to call.

Hotlines serving as regional centers are:

- Frederick County Hotline
(Frederick Maryland)
- Grassroots
(Columbia, Maryland)
- Life Crisis Center
(Salisbury, Maryland)
- Montgomery County Hotline
(Rockville, Maryland)
- Prince George's County Hotline
(Lanham, Maryland)
- Walden/Sierra, Inc.
(California, Maryland)

What's On Your Mind?

- **Suicide**
- **Running Away**
- **Relationship Problems**
- **Depression**
- **Pregnancy**
- **Violence**
- **Abuse**
- **Alcohol and Drugs**
- **School Issues**
- **Homicide Concerns**
- **Divorce**
- **Loneliness**
- **Stress**
- **Eating Disorders**
- **Sexual Identity Concerns**
- **Sexually Transmitted Disease**
- **Fear**
- **Mental Health Concerns**
- **Death and Dying**

**Call
1-800-422-0009**

**For Additional Information,
Contact:**

**Henry Westray, Jr., MSS, LCSW
Youth Hotline Director
Mental Hygiene Administration
Maryland Department of Health and
Mental Hygiene
201 West Preston Street
Baltimore, Maryland 21201**



Youth Suicide Prevention

**Youth Crisis Hotline
1-800-422-0009**

“A Caring Community Saves Lives”

**Maryland Department of Health
and Mental Hygiene**

Dr. Georges C. Benjamin - Secretary

Parris N. Glendenning – Governor

**Brochure Sponsored by
Sheppard Pratt**

Youth Crisis Hotline
Mental Hygiene Administration
**Maryland Department of
Health and Mental Hygiene**
201 West Preston Street
Baltimore, Maryland 21201

**If You
Have A
Problem,*
We'll Help
You Find
An Answer.**

**(No Algebra
Homework,
Please!)**

MARYLAND YOUTH CRISIS

HOTLINE

1-800-422-0009

We're More Than Just Talk.

**“You know, like sex, drugs, friends, or
maybe you're just having a really bad
day. Call us.**

**Sponsored by the Maryland Department of
Health and Mental Hygiene**