## **MENTAL HEALTH RESOURCES**



School Counselor School Psychologist School Social Worker School Nurse Pupil Personnel Worker

#### HEALTH INSURANCE WEBSITE



Your health insurance site will have information about mental health providers who accept your insurance.

If you are in need of health insurance please consult the MD Children's Health Insurance website at:

https://health.maryland.gov/mmcp/chp/pages/home.aspx

#### OFFICE ON MENTAL HEALTH

The Harford County Office on Mental Health can assist with locating mental & behavioral health resources. (410) 803-8726 https://harfordmentalhealth.org/

# **EAP SERVICES**

Your employer may offer an Employee Assistance Program that includes mental & behavioral health

care.



## SUPPORT GUIDANCE ADVICE

# LOCAL RESOURCES

The Klein Family Harford Crisis Center walk-in clinic: Hours: 7 days/week 9am-9pm 802 Baltimore Pike Bel Air 410-874-0711 **OR** The Harford County Mobile Crisis Team is available 24/7 at 1800NEXTSTEP

### NATIONAL RESOURCES

Suicide Prevention Lifeline: 988 Crisis Text Line: 741741



