

The Impact of **MENTAL HEALTH**



1 IN 5 ADULTS in America experience a mental illness.



Nearly **60% of adults** and nearly **50% of youth age 8–15** with a mental illness didn't receive mental health services in the previous year.



adults experience mental illness in a given year and nearly 1 in 25 (11.2 million) live with a serious mental illness.

At what age does chronic mental illness begin?





adults have co-occuring mental health and addiction disorders.

800-245-7013

If you or someone close to you needs support or help making an appointment, call or visit **carefirst.com/mentalhealth**.

This document cites statistics provided by the National Institute of Mental Health. nimh.nih.gov

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