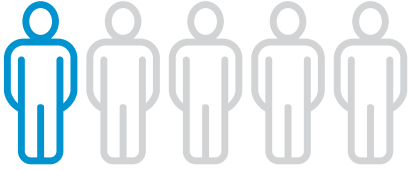


The Impact of MENTAL HEALTH



1 IN 5 ADULTS
in America experience a mental illness.

46.6 MILLION

adults experience mental illness in a given year and nearly 1 in 25 (11.2 million) live with a serious mental illness.

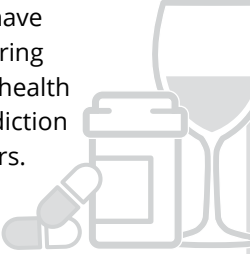


Nearly **60% of adults** and nearly **50% of youth age 8-15** with a mental illness didn't receive mental health services in the previous year.

At what age does chronic mental illness begin?

BY AGE 14	50%
BY AGE 24	75%

10.2 MILLION adults have co-occurring mental health and addiction disorders.



 **800-245-7013** If you or someone close to you needs support or help making an appointment, call or visit carefirst.com/mentalhealth.

This document cites statistics provided by the National Institute of Mental Health. nimh.nih.gov

