UNIFIED PE AND LEADERSHIP

PRESENTED BY:

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“ROOTED IN THE BELIEF THAT EVERY STUDENT SHOULD HAVE A MEANINGFUL WAY TO PARTICIPATE IN PHYSICAL EDUCATION, LEAD, AND GROW.”



JOINT POSITION PAPER SPECIAL OLYMPICS NORTH AMERICA, NCPEID AND SHAPE AMERICA.


SPORTS 4
LIFE
EMS



UNIFIED PE AND LEADERSHIP

- Based on the Maryland Physical Education Framework (https://msde.maryland.gov/media/18809)
- Develops leadership and lifelong wellness in all students
- Empowers all students to foster an inclusive class and school – wide environment.



COURSE STRUCTURE

Presented as an elective option for all abilities

Activities are designed for the success of all students

All students will have leadership opportunities



UNITS OF INSTRUCTION

Unit Number and Title	Number of Days
1. Launch, Leadership & Inclusive Community	5
2. Fitness for All (Cardio-strength – flexibility – skill)	9
3. Recreation & Leisure Activities (Lifetime Games)	9
4. Team & Individual Sports (Unified Play)	10
5. Dance & Rhythmic Movement	8
Course Closure & Celebration of Learning	4

ANTICIPATED COSTS:

- No new staffing required
- Minor equipment purchases covered under existing operating budget.



COURSE TIMELINE/DEVELOPMENT

2025-2026 → Special Olympics presented to HS Department Chairs: curriculum writers visited Anne Arundel to see the class in action and started collecting resources and creating the course.

2026-2027 → Continue to create resources and begin identifying teachers: provide PD on adaptive physical education strategies: collaborate with school counselors for course implementation

2027-2028 → Pending Board Approval offer the class in high schools