## Elementary Teacher Planning Time

## Strategic Focus Group Report

How do we add five hours of planning time each week for elementary school teachers?

The Office of Strategic Initiatives conducts focus groups dedicated to specific questions directed by the Superintendent for creative brainstorming and problem-solving by diverse stakeholders.

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March 27, }202
BOARD OF EDUCATION OF HARFORD COUNTY
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Office of Strategic Initiatives

In 2022, the Office of Strategic Initiatives conducted interviews with several staff members and stakeholders and collected data on innovations from the COVID-19 pandemic. The goal was to analyze which ideas and adaptations are most important to stakeholders and which innovations meet the Board of Education Strategic Plan Goals.

The following recommendations came from this research.

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Advancements from the COVID-19 Pandemic
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## FINAL RESEARCH REPORT

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## RECOMMENDATIONS

I. Invest in the expansion, formalization, and further integration of technology initiatives in the district beyond the pandemic. Many staff members at all levels named innovations such as 1:1 technology, virtual meetings, remote learning, and remote work opportunities as particularly impactful and good candidates for sustainment beyond the pandemic. All four of those innovations were cited by multiple respondents as supportive and directly aligned to all four of HCPS' strategic goals.
II. Explore more permanent funding strategies to keep extra daily substitute teachers at school sites. Stakeholders appreciated the addition of extra substitute teachers funded by the Elementary and Secondary School Emergency Relief Fund (ESSER) and believe the change supports all four of HCPS' strategic goals-particularly in building staff capacity and healthy learning environments.
III. Codify HCPS' commitment to prioritizing student and staff health and wellbeing. Throughout COVID-19, stakeholders recognized the district's increased prioritization and awareness of the importance of mental and physical health. Staff members believe that providing and maintaining resources for stakeholder wellbeing will further support the district's progress towards its strategic goals.
IV. Continue to explore opportunities to increase planning time for teachers. Throughout COVID-19, teachers utilized their planning time to provide individualized support to students, to plan lessons, and to provide outreach supports to families. Many teachers said that the dedicated time and space are good for their own wellbeing.

## Full Report:

https://www.hcps.org/superintendent/docs/Continuity of Learning Innovations Advancements from t he COVID-19 Pandemic HCPS July 2022.pdf

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## Methodology

The Superintendent of Schools proffered a question to prioritize planning time: "How do we add five hours of planning time each week for elementary school teachers?"

In order to effectively explore the multifaceted interpretations, dependencies, and possible solutions to this question, the Office of Strategic Initiatives facilitated a deliberate process over the course of three months to expand thinking, have adequate time for research, and to engage stakeholders.

Teachers, Teacher Specialists, Principals, University Professors, Central Office Leaders, College Student Interns, and students in the Teacher Academy of Maryland (TAM) comprised three groups to work through the question together, blend perspectives, find innovative solutions, and make recommendations for more planning time for elementary school teachers.


| TAM Student |
| :---: |
| Principal |


| Teacher | Principal |
| :---: | :---: |
| Central Office <br> Executive <br> Director | College <br> Student Intern |



TAM Student
Teacher
Principal

Teacher
Specialist


TAM Student

Collaboration is a process "through which parties who see different perspectives of a problem can constructively explore their differences and search for solutions that go beyond their own limited vision of what is possible."
(Thomas \& Perry, 2006)

Each group dissected the question by broadening and narrowing the scope of the question, finding themes among the groups' diverse reasoning, and prioritizing new questions that emerged from the exercise.

The themes that emerged reflect values, priorities, concerns, and restraints that impact how schools could provide additional planning time. All groups had primary themes about teacher well-being and student learning outcomes.

## Themes

| Teacher physical <br> and mental health | Planning <br> effectiveness, <br> methods, and <br> processes | Student needs and <br> achievement |
| :---: | :---: | :---: |
| Curriculum needs | Administration <br> considerations <br> (e.g., Budget, <br> Rules) | Staffing structures |
| Use of time and | Recruitment and <br> retention | "Better Together" |

After dissecting the question, each group identified critical data needed to inform their decision-making. Participants wanted to frame their brainstorming with an understanding of state and local scheduling constraints and national and local common practices.

## Participant Questions

Four specific questions emerged:

- How many instructional hours does HCPS provide compared to state requirements?
- What are content minimums for instruction?
- What amount of planning time do teachers get around the country?
- What are HCPS schools currently doing for planning time beyond the negotiated 45 minutes?



## Participant Questions

## How many instructional hours does HCPS provide compared to state requirements?

Schools are required by the State of Maryland to:

- be open for at least three hours each school day,
- for at least 180 days school days, and
- for at least 1,080 school hours (elementary)
- during a 10-month period in each school year.

Our 22-23 calendar plans for:

- 6.5 hours a day for elementary schools
- 13 shortened days (early dismissal)
- Total 1,131 hours for elementary
- 51 hours above the 1,080 minimum


## What are content minimums for instruction?

## State of Maryland

- Instruction must meet the content standards.
- For example, in Physical Education (PE), COMAR 13A.04.13: "Provide in public schools an instructional program in physical education each year with sufficient frequency and duration to meet the requirements of the State [curriculum] Framework for all students."


## HCPS

- An HCPS Board Policy requires a minimum of 275 minutes per month for Elementary PE.
- Mathematics:
o Grades 1-5: 65 minutes.
- Kindergarten: 15-minute opening; 40-minute mathematics block of direct instruction aligned to MCCRS; and 30-minutes of learning centers (multiple disciplines).
- RELA:
- Since at least 1995, primary is allotted 190 minutes and secondary is 160 minutes.


## What amount of planning time do teachers get around the country?

In 2017, Education Week published an article reviewing data collected through the National Council on Teacher Quality on teacher planning time (Loewus, 2017).


Loewus, L. (2017, Nov 29). How Much Planning and Collaboration Time Are Teachers Getting? Education Week.

## What are HCPS schools currently doing for planning time beyond the negotiated 45 minutes?

31 HCPS elementary schools responded to the following survey questions through Elementary Education Services. All schools had unique responses.

## Principal responses

QUESTION: What model do you use to provide collaborative planning to your teachers? Please include pertinent information like time of day, length of the planning, who assists with coverages, etc.

## EXAMPLE RESPONSES

- "In grades K-3, we have collaborative from 3:00-3:50 one day for each grade level M-Th. The Unified Arts Teachers cover the class, and they report to the classroom at 2:50 (all specials end at 2:45) so the teachers can get to collaborative ready to start at 3:00. Grades 4 and 5 have collaborative during Chorus time as all students are in chorus."
- "All collaborative planning takes place on one day, throughout the day. Each grade level gets 45 -minutes for collaborative planning, which is supported by utilizing Unified Art Teachers, Counselor, Paras, \& ESSERs."
- "We use a double special model, so no coverage is needed. Each grade level receives 45 minutes of planning supported by one of our teacher specialists once per week. This double special block occurs from 9:35-10:20 for all grade levels."
- "We use a model that starts at 3:15 and runs through dismissal with coverage remaining in the classrooms to dismiss students. This enables teachers to work past their duty day, uninterrupted, if they choose and 35 minutes during their duty day."
- "Our model is 'Twisted Thursday.' Every class in K-5 gets a double special. We also use this time for full chorus in grades $4 / 5$ with another option for those students who opt out of chorus."


## Principal responses

QUESTION: What other additional planning time do you provide to all teachers, or some teachers, in addition to collaborative planning and negotiated planning?

## EXAMPLE RESPONSES

- "During school based early dismissal PD, we dedicate that time to collaborative planning. We also provide one faculty meeting a month to collaborative planning."
- "Co-Planning (Gen Ed-Special Ed, Gen Ed-Reading Specialist, Gen Ed-G/T) in the first 30 minutes of the doors opening (i.e. 8:30-9:00)."
- "This year we have been able to use our ESSER subs to provide extended coverage for our primary teachers to unpack the new reading units with the Reading Specialist."
- "We have a Wellness block once every 3 weeks that teachers can sign up for to get another planning block. This is managed by the PE teacher."
- "As supported through The Office of Special Education, our teachers receive compensation for additional planning hours as it relates to IEP case management."
- "There are some weekly faculty meeting times that become the gift of time for planning."
- "We rotate planning time for 3 grade levels each early dismissal day."
- "Paid planning through Title I."


## Principal responses

QUESTION: What other information should be considered when looking to increase planning time at the elementary level?

## EXAMPLE RESPONSES

- "I'm concerned with who can do this if we have the same amount of staff, as we need coverage for lunch duty. We do not get a lot of lunch volunteers, so a lot of staff are performing a variety of coverages throughout the week already."
- "I know the perception of the full Friday planning during covid was not great, but teachers were really productive, meetings and collaboration could happen (virtually). More parent communication occurred."
- "Have students arrive 20 minutes later. This approach will give elementary teachers 400 minutes monthly."
- "Perhaps we can consider two specials a day with a second special being one where students can learn a foreign language (yes, the earlier the better for foreign language!)."
- "Equity is needed between classroom-based teachers, unified arts teachers, and SE teachers."
- "Special area classes could be longer. Instead of 45 minutes, perhaps look at 60 minutes."
- "Time allotments for core content areas need to be adjusted."


## Ideas

Each group brainstormed solutions in each of their prioritized categories, discussed ideas together, and built off each other's thoughts.


Next, the groups considered the scale of challenge each idea presented and the positive impact the idea could have if implemented.


## Impact - Challenge

## HIGH CHALLENGE <br> LOW CHALLENGE

- Move to 4-day week
- Early dismissal weekly or late arrival weekly
- Alter start of student day daily
- Offer 1 hour a day of paid time to compensate beyond the bell
- Reduce curriculum demands
- Hire more staff:
- Enrichment staff to work with students 40 minutes a day (yoga, sports, acting, etc.)
- More school counselors, reading specialists, math coaches, language teachers
- More substitutes just for planning coverage
- Go back to original purpose of early dismissal days, which is to increase and protect elementary planning time
- Allow elementary only days off for planning time
- Decrease the amount of content teachers need to prep for by departmentalizing
- Use collaborative platforms for sharing plans
- School based team sharing
- System based sharing
- Assess true staffing needs
- Analyze instructional time needs for curriculum
- Extra special area time
- Technology:
- Invest in learning platform that generates lesson ideas linked to standards
- Independent data-based intervention times (Dreambox, etc)
- Online curriculum study hr
- Block for students to be on tech devices with para coverage


## Recommendations

Each group worked together to create a presentation with recommendations for the Superintendent of Schools. Presentations took place virtually with the Executive Director and Director of Elementary School Instruction \& Performance included.


Finding the Time:
Creating Additional Planning Time for Elementary Teachers

Focus Group ORANGE
Toni Guidi, Clinical Instructor, Department of Special Education at Towson University
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Joann Sloan, Title I Teacher Specialist


## Group 1

## RECOMMENDATIONS

Implement a focus day on Friday of each week. Planning time and coverage for K-2 in the morning and $3-5$ in the afternoon. This can alternate so that $K-2$ would be in the afternoon and 3-5 would be in the morning the following week if a school desires.

## GOALS

- How do we accomplish this without impacting childcare needs for our families? HCPS has diverse needs across our schools. We discussed how this might impact families in various capacities.
- How do we fit this into an instructional day that is already packed?

We discussed how this impacts instructional goals based on our curriculum goals and student needs.

## ACTIVITY OPTIONS

- Intervention - reading, math, etc.
- Guest speakers from APG
- Lego League
- Library
- Health Department
- Healthy Eating presentations
- Agriculture program Program
- Fire/Police Department
- Good News Assemblies
- Guidance Counselors
- Yoga For Kids
- Puzzles/Games
- Music groups from High Schools
- Physical Activity


## ADDITIONAL CONSIDERATIONS

- Make early dismissals a whole day off for students
- Teacher planning- AM; Professional development opportunities- PM
- Parents are already accounting for half day childcare
- Have options for teachers to commit to 2.5 additional hours of paid planning ( $\$ 25 /$ hour rate) outside of the contractual day.
- Reimagine collaborative planning to meet teacher needs with time and topics driven by the grade level team. Choice can be limited but if teachers are given choice (such as next unit exploration or assessment review) then it can be counted as planning.
- Departmentalize across the county and reallocate teachers based on their teaching strengths to meet specific school needs. This will limit the amount of planning a teacher needs to do.

Implement a focus day on Friday of each week. Planning time and coverage for K-2 in the morning and $3-5$ in the afternoon. This can alternate so that $K-2$ would be in the afternoon and 3-5 would be in the morning the following week if a school desires.

## Pros

Increased intervention opportunities for all subject areas.

Timing allows teachers prep for the upcoming week.

Supports staff mental health needs by alleviating the need to weekend plan.

Students are still in school which does not impact childcare needs.

Increased STEAM and community partnership opportunities for students.

Project-based learning opportunities for students.

Time for counseling lessons and mental health themed activities from HCPS.

Students will still receive RELA and Math instruction during their day.

## Cons

Logistics for administration

## Finding resources

Time constraints
Use of special area teachers? Equal planning time for all
Potential attendance concerns on Friday's
Does not fully meet time request

## Group 2

## RECOMMENDATIONS

Implement a menu of ideas that add up to five hours or more of additional planning time for teachers. The menu is organized by the impact of the change on HCPS families.

## MINIMAL COMMUNITY IMPACT

## Menu of Ideas

Rework existing weekly instructional schedule:

- Students engage in 3 hours per week of PE, structured indoor and outdoor play, social-emotional focused learning, soft skill practice, and career exploration
- Blocks are led by additional Unified Arts/Physical Education staff, community partners, University partners, and/or volunteers

5 of the 10 scheduled student Early Dismissal Days will be reallocated from professional development to teacher planning

One collaborative planning session per month will be reallocated to individual planning

## Rework Recess

- Recess will be extended 20 minutes per grade level
- Volunteers and/or paid additional staff will monitor all recess periods


## Buddy Class Time

- Pair primary grade classes with intermediate grade classes for paired reading time
- Paired teachers alternate supervision of both classes

Additional Unified Arts/Physical Education Block per Week
Affords each grade level teacher 1 additional planning block per week Classes planned and covered by additional Unified Arts/Physical Education staff

Time Impact

3 hours per week

15 hours per school year 45 minutes per month 1 hour and 40 minutes per week 30 minutes every other week

45 minutes per week

Menu of Ideas

Adjusted Start Time for Students
Begin elementary school 15 minutes later than current start time at all schools

Weekly Delayed Opening
Use a one-hour delayed opening schedule for all elementary schools one time per week (consistent day)

## 4-Day School Week

Time is added to the normal school day - other districts have added approximately 35 minutes to each of the 4 days.
School is closed to students one day per week - most districts that have implemented this use either Monday or Friday (deduct extra 2 hours and 10 minutes added to the daily schedule 4 days/week)

Time Impact

1 hour and 15 minutes per week

1 hour per week

5 hours per week


## Group 3

## RECOMMENDATIONS

1. Make no decision without systemic feedback from elementary teachers
2. Early dismissal days
3. Alter student arrival time
4. Recess coverage

## TEACHER FEEDBACK

Those who are impacted and will receive the most benefit need to have representation and input into this process.

## EARLY DISMISSAL DAYS

Return the 10 planned early dismissal days as unassigned planning time exclusively to elementary teachers. 10 days $\times 3$ hours $=30$ hours; Average of +45 minutes per week

## STUDENT ARRIVAL TIME

One day a week, elementary students arrive to school 75 minutes later than normal. Increase of +47.5 hours of planning time year (38-week year).

## RECESS

Increase recess time for elementary students to 30 minutes per day and provide coverage for general educators.

## ADDITIONAL CONSIDERATIONS

- Update elementary curriculum time allotments to accommodate planning time increase.
- Transportation costs associated with delaying student arrival and parent reaction.
- Staff for recess coverage.
- Encourage elementary departmentalizing.




## TEACHERS SUPPORT

- Planning time on early dismissal days
- Planning time in larger time increments


## TEACHERS SEE POTENTIAL

- Creative scheduling for half day planning while students are in school for full day
- Recess coverage/extension, if staff are hired
- Late arrival days for students
- Departmentalizing
- Four-day school week
- Adjusting curriculum minimums per day/week
- Increase number of half days
- Asynchronous learning during the school day
- Extra physical education or specials


## TEACHERS ARE HESITANT ABOUT

- Whether staffing is possible for recess and impact of weather
- Additional planning time coming in small increments (15 minutes)
- The amount of planning and logistics needed for creative scheduling of half day planning for teachers while students attend school full day
- Additional pay at the hourly rate for planning. This topic had mixed feelings within the teachers participating in the focus group session.



## Recommendations

1) Make early dismissals all planning
2) Adjust the school schedule with double specials or longer specials
3) Extend duty day by 30 minutes with pay (This recommendation did not have consensus)
4) Adjust HCPS curriculum time requirements
5) Departmentalize grades 1-5
6) Have a 75-minute delay one day a week for elementary with modified specials
7) Have 2 half days per month

Note, an option is one of these days being a full day with a flexible school schedule for half of the day
8) Reduce the number of Faculty Meetings and allow for planning time instead

## Teacher Feedback

## Summary

## All Recommendations

## Provide flexible content one day per week

- Implement a flexible focus day once per week with alternative health, wellness, career, and community activities.
-Implement a flexible 3-hour block once a week for PE, structured indoor and outdoor play, socialemotional focused learning, soft skill practice, and career exploration.


## Early dismissal

-5 of the 10 scheduled student early dismissal days reallocated from P.D. to teacher planning

- Return the 10 planned early dismissal days as unassigned planning time exclusively to elementary teachers
- Make these whole days off for elementary schools
-Add more half days to the calendar


## Recess

- Extend to 30 or 40 minutes
- Hire recess aides or hire additional full-day support staff that includes recess duty


## Adjusted school day

- Additional Unified Arts/Physical Education block each week
-15-minute start time adjustment
-Weekly 1-hour delay or 75-minute delay
-4-Day School Week whereby time is added to the normal school day - other districts have added approximately 35 minutes
-Buddy class time: Pair primary grade classes with intermediate grade classes for paired reading time


## Reallocate collaborative planning or faculty meetings

- One collaborative planning session per month will be reallocated to individual planning
- Allow choice in this time for individual or collaborative time based on team needs
- Give the gift of time instead of faculty meetings


## Departmentalization or co-teaching opportunities

## Additional pay for optional planning after the bell



## Focus Group Contributors

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## HCEA Teacher Feedback

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