

Media Alert

Harford County Public Schools

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FOR IMMEDIATE RELEASE

MAY 10, 2011

Harford Technical High School's Health Occupations Department to Host Annual Wellness Fair "Pathway to a Healthy Heart"

In partnership with Upper Chesapeake Healthlink, the students in the Harford Technical High School Health Occupations Department will host their annual wellness fair today, Tuesday, May 10, 2011. Cholesterol, body composition and blood pressure screenings will be provided, and a Healthlink nurse will be onsite to identify risk factors for heart disease and offer preventative suggestions. In addition, the event will focus on preventing childhood obesity through education about nutrition and exercise. Fifty fourth grade students from Prospect Mill Elementary School will attend the event and will participate in an obstacle course and other interactive activities developed by the students in the school's Health Occupations Nursing Assistant and Sports Technician programs. Several other wellness topics will be on display, including tobacco awareness. The event is geared toward promoting healthy choices for all ages and interests.

When: Tuesday, May 10, 2011
8:30 a.m. - 12:00 p.m.

Where: Harford Technical High School
200 Thomas Run Road
Bel Air, MD 21015

What: Annual Wellness Fair

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