Maryland WIC

Harford / Cecil County

Women, Infants, and Children, also known as WIC, is a nutrition program that gives extra food, tips on healthy eating, breastfeeding help, and referrals for other services.

Women

- Pregnant Women
- Women 6 months postpartum
- Breastfeeding Moms up to baby's first birthday

Infants

- Up to their first birthday

Children

- Up to their fifth birthday

410-939-6680

mdwic.org