

PARENT ACADEMY



LUNCH & LEARN SERIES

Harford County Public Schools Parent Academy is partnering with ParentGuidance.org to offer virtual webinars developed by licensed therapists to help parents and caregivers support student well-being.

Registration, attendance, and interactions are completely anonymous.



ALL SESSIONS ARE HELD
WEDNESDAYS 12:00–12:45 PM
LIVE VIRTUAL WEBINARS
JOIN ON ANY DEVICE

Sept
16

**Helping Your Child Succeed-
Three Parenting Styles**

REGISTER NOW



<https://cookcenter.info/Sept16Harford>



Oct
14

**Milestones to Progress:
Supporting Growth and Gaps in Early Childhood**

REGISTER NOW



<https://cookcenter.info/Oct14Harford>



Nov
18

**Why Our Children Self-Harm
and How Parents Can Help**

REGISTER NOW



<https://cookcenter.info/Nov18Harford>



Dec
16

**Navigating Divorce
When Children Are Involved**

REGISTER NOW



<https://cookcenter.info/Dec16Harford>



Jan
13

Children & Technology Addiction

REGISTER NOW



<https://cookcenter.info/Jan13Harford>



Feb
10

De-escalating Cycles of Conflict

REGISTER NOW



<https://cookcenter.info/Feb10Harford>



Mar
10

Establishing Healthy Boundaries

REGISTER NOW



<https://cookcenter.info/Mar10Harford>



Apr
14

Grandparents Parenting Grandchildren

REGISTER NOW



<https://cookcenter.info/Apr14Harford>



May
12

Military Families and Mental Health

REGISTER NOW



<https://cookcenter.info/May12Harford>



TO REGISTER, SCAN THE QR CODE NEXT TO THE SESSION
OR VISIT: cookcenter.info/ParentAcademy