

MENTAL HEALTH supports

SCHOOL COUNSELORS

- Meet with students virtually using *Microsoft Teams*
- Communicate with teachers about concerns
- Share supports and message students through *itslearning*
- Review transition changes with 9th grade students
- Present to 9th grade students about how to be successful in a virtual environment, organizational skills, mental health/social supports, etc.
- Visit classrooms to welcome students and provide introductions
- Personal counseling appointments are available to every student
- Social skills and mindfulness-based counseling curriculum with at-risk students
- Small Group Counseling Sessions with students

PUPIL PERSONNEL WORKERS

- Refer students to community agencies for counseling
- Represent HCPS on a variety of mental health community boards
- Direct service to families when attendance affects school achievement
- Hire and supervise teachers for students in mental health placements

FOR STAFF

- Question, Persuade, Refer (QPR) trainings provided to staff
- Mental health question and answer provided to staff to enhance knowledge of available resources

SCHOOL NURSES

- Provide outreach to students with chronic health concerns
- Publish newsletters and virtual health suites that promote holistic wellness, physical and mental health resources

SOCIAL WORKERS

- Engage in one-on-one sessions with students during study skills classes to address areas of impending achievement
 - *Study skills, organization, time management*
- Conduct home visits to check on students and deliver and set-up hot spots
- Conduct evening parenting talks about mental health resources and activities parents can do with their children

WEEKLY'S

- Classroom Support Program (CSP) staff are meeting with students weekly, on Fridays
- Academic supports
 - *Flex Friday presentations*
- Host open lunches and Friday drop-in meetings via *Microsoft Teams*
- Beginning January 8, 2021: Virtual question and answer sessions with school counselors
 - *Hosted every Friday*
- Daily check-ins with struggling students

EARLY CHILDHOOD

- Virtual social groups for preschool students
 - *Hosted Monday mornings and Friday evenings*
- Consulting Board Certified Behavior Analyst (BCBA) conducting virtual joint visits with providers to support students at home.
- Preschool special education teachers are teaching social skills using tools such as *TeachTown*
- BCBA and/or school psychologists share resources and have monthly parent support sessions on topics related to Infants and Toddlers
- Mental health resources are shared with preschool families and teachers weekly

SCHOOL PSYCHOLOGISTS

- Virtual counseling sessions available to students with disabilities who require counseling as a related service on their Individualized Education Program (IEP)
- Face-to-Face psychological and educational testing
- Delivering social skills and mindfulness-based counseling curriculum as a Tier 2 intervention
- Consulting with teachers and parents regarding student engagement/behaviors in a virtual setting

GENERAL CARE

- Student Support Team meetings to identify underperforming students and develop improvement strategies
- One-on-One tutoring available to homeless seniors who are underperforming
 - *Hoping to expand to 11th grade students*
- Check and Connect available at ABHS, EDHS, NHHS, and NHMS
- CSP provides tips to parents to assist with the educational process
- Social/Emotional health presentations available to parents and students provided by individual schools
- Mass emails to students outlining available resources
- HCPS Virtual Calming Room available to students
- HCPS Emotional Recovery Team shares self-care videos created by students, for students
- Student Discussion Video to be viewed by all students during the school day on 12/23.
- Virtual harm to self (suicide) and harm to others (threat) interviews and assessments provided by trained student support staff/teams
- Available crisis prevention, intervention, and postvention response
- District-wide offering of the movie *Angst*, addressing anxiety disorders and how to cope
- Bookings may be scheduled using a link available in staff email signatures