1. This is how I would feel if my teacher said, Today, you'll be doing a virtual assignment where you can work with your classmates in a small group.

2. This is how I would feel if my teacher said, Today, you're going to be playing virtual learning games. You'll be playing these by yourself independently.
3. This is how I would feel if my teacher said, For today's lesson, you'll be playing a virtual competition game, and you get to play against your classmates.

4. This is how I would feel if my teacher said, For today's lesson, you'll get to make virtual flashcards to help you study.
5. This is how I would feel if my teacher said, I've made a video of me teaching today's lesson. You'll be watching it on your own, but you can ask me any question you want at any time.

6. This is how I would feel if my teacher said, This week, you'll be making your own video, podcast, presentation, video, etc. to show me what you've learned.
7. This is how I would feel if my teacher said, Today, you're going to have a guest speaker present to the class. Then we'll be going on a virtual field trip.

8. This is how I would feel if my teacher said, Today, you're going to be mostly off your computers. You will be doing a project using household items like glue, tape, paint, crayons, and markers to make something. Then you'll take a picture of it and submit it.
9. This is how I would feel if my teacher said, From now on, for a few minutes at the start or in the middle of class, well all be doing something physical. Maybe jumping jacks, running in place, stretching, breathing exercises, or something like that.

10. If my teacher said, Today, we will be doing all our work outside, I would feel
11. If my teacher said, Today, you are going to be presented with a problem, research a solution and build a prototype or model of the solution, I would feel

12. If my teacher said, Today, you are going to present a prototype or model of the solution to the class, I would feel
13. I was actively connected to learning materials because of the strategies my teacher used. (Cognitive Engagement)

14. I felt connected to and valued by my teachers, peers, and my school. (Emotional Engagement)
15. I was present in my classes (physically or virtually) and put effort into participating in discussions and completing tasks and assignments. (Behavioral Engagement)