

SECONDARY MENU

Breakfast \$1.05
Lunch \$1.80



Reduced priced meals:

Breakfast \$.20
Lunch \$.40

Milk \$.50

MAY 2011



Taste of Atlanta The City

Students who receive free or reduced priced lunches also receive the same benefit at breakfast.



Start the Day Right - Don't Skip Breakfast
Studies show that children who eat breakfast do better in school. It doesn't take much further thought to realize adults will feel better and perform better at work as well. Whether you work at home, on the farm, at the office, at school, or on the road, it is not a good idea to skip breakfast. Eating a good breakfast sets the tone for the rest of the day.



Offered Daily

BREAKFAST

Featured Entrée of the Day
Choice of Cereal or Toast
Fresh Fruit & Juices
Chilled Milk

Monday, May 2

BREAKFAST

French Toast Sticks

LUNCH

ENTREE CHOICES

Pizza

Bacon Cheeseburger
Chicken Fajita

Turkey Ranch Wrap

SIDE CHOICES

Tossed Salad/Dressing

Steamed Carrots

Baked Fries

Mixed Fruit

Fresh Fruit

Chilled Milk

Tuesday, May 3

BREAKFAST

Pancake 'n Sausage on a Stick

LUNCH

ENTREE CHOICES

Pizza

Sliced Pork & Gravy
Flatbread Steak Melt

Italian Sub

SIDE CHOICES

Sweet Corn Niblets

Tossed Salad/Dressing

Mashed Potatoes w/ Gravy

Chilled Pears

Fresh Fruit

Chilled Milk

Wed., May 4

BREAKFAST

Strawberry Pancakes

LUNCH

ENTREE CHOICES

Pizza

Ham & Cheese on Croissant
Spicy Chicken Tenders

Chilled Pita Pizza

SIDE CHOICES

Tossed Salad/Dressing

Tortilla Soup

Baked Fries

Fruited Gelatin

Fresh Fruit

Chilled Milk

Thursday, May 5

BREAKFAST

Waffles w/ Syrup

LUNCH

ENTREE CHOICES

Pizza

Nacho Grande w/ Fixings
Pepperoni Pizzatas

Lite Entrée w/ Crackers

SIDE CHOICES

Baby Carrots w/ Dip

Baked Fries

Tossed Salad/Dressing

Blueberry Cup

Fresh Fruit

Chilled Milk

Friday, May 6

BREAKFAST

Hot Egg & Cheese on Biscuit

LUNCH

ENTREE CHOICES

Pizza

Mozzarella Sticks/Sauce
Fish Tacos

Turkey Sub

SIDE CHOICES

Steamed Green Beans

Baked Fries

Tossed Salad/Dressing

Cinnamon Apple Slices

Fresh Fruit

Chilled Milk

Monday, May 9

BREAKFAST

French Toast Sticks

LUNCH

ENTREE CHOICES

Pizza

Bacon Cheeseburger
Chicken Tenders

Tuna Salad on Roll

SIDE CHOICES

Tossed Salad/Dressing

Sweet Green Peas

Baked Fries

Mixed Fruit

Fresh Fruit

Chilled Milk

Tuesday, May 10

BREAKFAST

Pancake 'n Sausage on a Stick

LUNCH

ENTREE CHOICES

Pizza

Stuffed Shells w/
Italian Bread

Spicy Chickwich on Roll

Italian Sub

SIDE CHOICES

Steamed Green Beans

Tossed Salad/Dressing

Baked Fries

Chilled Pears

Fresh Fruit

Chilled Milk

Wed., May 11

BREAKFAST

Breakfast Pizza

Atlanta Day

LUNCH

ENTREE CHOICES

Southern Style Chicken w/
Biscuit

Savanna Shrimp Poppers

Georgia Ranch Wrap

SIDE CHOICES

Tossed Salad/Dressing

Summer Corn Niblets

Mashed Potatoes w/ Gravy

Warm Georgia Peach Crisp

Fresh Fruit

Chilled Milk

Thursday, May 12

BREAKFAST

Cini-Mini's

LUNCH

ENTREE CHOICES

Pizza

Nacho Grande w/ Fixings
Steak Calzone

Lite Entrée w/ Crackers

SIDE CHOICES

Baby Carrots w/ Dip

Baked Fries

Tossed Salad/Dressing

Chilled Applesauce

Fresh Fruit

Chilled Milk

Friday, May 13

BREAKFAST

Colby Cheese Omelet

LUNCH

ENTREE CHOICES

Pizza

Stuffed Crust Dippers w/
Marinara Sauce

Pork BBQ on Roll

Chicken Salad on Roll

SIDE CHOICES

Tossed Salad/Dressing

Baked Fries

Crunchy Cole Slaw

Box of Raisins

Fresh Fruit

Chilled Milk

Monday, May 16

BREAKFAST
French Toast Sticks

LUNCH

ENTREE CHOICES
Pizza
General Tso Chicken w/ Rice
Hamburger/Cheeseburger
Tuna Salad Wrap

SIDE CHOICES
Steamed Broccoli
Baked Fries
Chilled Peaches
Fresh Fruit
Chilled Milk

Tuesday, May 17

BREAKFAST
Pancake 'n Sausage on a Stick

LUNCH

ENTREE CHOICES
Pizza
Baked Ziti/Italian bread
Turkey & Gravy w/ Biscuit
Chef Salad

SIDE CHOICES
Mashed Potatoes
Steamed Green Beans
Tossed Salad/Dressing
Mixed Fruit
Fresh Fruit
Chilled Milk

Wed., May 18

BREAKFAST
Breakfast Pizza

LUNCH

ENTREE CHOICES
Pizza
Stuffed Crust Dippers w/
Marinara Sauce
Turkey Cheddar Bacon Melt
Chicken Salad on Roll

SIDE CHOICES
Baked Fries
Crunchy Cole Slaw
Tossed Salad/Dressing
Mandarin Oranges
Fresh Fruit
Chilled Milk

Thursday, May 19

BREAKFAST
Frudel

LUNCH

ENTREE CHOICES
Pizza
Nacho Grande w/ Fixings
Pepperoni Pizzas
Triple Decker Turkey Club

SIDE CHOICES
Baked Fries
Baby Carrots w/ Dip
Tossed Salad/Dressing
Frozen Peach Cup
Fresh Fruit
Chilled Milk

Friday, May 20

BREAKFAST
Hot Egg & Cheese on Biscuit

LUNCH

ENTREE CHOICES
Pizza
Cajun Fish Tenders
Ham & Cheese Croissant
Italian Sub

SIDE CHOICES
Steamed Green Beans
Baked Fries
Fresh Pasta Salad
Tossed Salad/Dressing
Box of Raisins
Fresh Fruit
Chilled Milk

Monday, May 23

BREAKFAST
French Toast Sticks

LUNCH

ENTREE CHOICES
Pizza **NEW!**
Mini Corn Dog Nuggets
Chicken Fajita
Ham & Cheese Wrap

SIDE CHOICES
Sweet Corn Niblets
Tossed Salad/Dressing
Baked Fries
Mandarin Oranges
Fresh Fruit
Chilled Milk

Tuesday, May 24

BREAKFAST
Pancake 'n Sausage on a Stick

LUNCH

ENTREE CHOICES
Pizza
Flatbread Steak Melt
Sliced Pork & Gravy
Italian Sub

SIDE CHOICES
Tossed Salad/Dressing
Crunchy Cole Slaw
Mashed Potatoes w/ Gravy
Fruited Gelatin
Fresh Fruit
Chilled Milk

Wed., May 25

BREAKFAST
Breakfast Pizza

LUNCH

ENTREE CHOICES
Pizza
Hamburger/Cheeseburger
Spicy Chickwich
Tuna on Kaiser

SIDE CHOICES
Tossed Salad/Dressing
Tortilla Soup
Steamed Green Beans
Baked Fries
Fresh Fruit
Chilled Milk

Thursday, May 26

BREAKFAST
Waffle w/ Syrup

LUNCH

ENTREE CHOICES
Pizza
Nacho Grande w/ Fixings
Chicken Tenders
Triple Decker Turkey Club

SIDE CHOICES
Baked Fries
Baby Carrots w/ Dip
Tossed Salad/Dressing
Blueberry Cup
Fresh Fruit
Chilled Milk

Friday, May 27

BREAKFAST
Colby Cheese Omelet

LUNCH

ENTREE CHOICES
Pepperoni Pizzas
Stuffed Shells w/
Italian bread
Ham & Cheese Croissant
Italian Sub

SIDE CHOICES
Baked Fries
Fresh Pasta Salad
Tossed Salad/Dressing
Box of Raisins
Fresh Fruit
Chilled Milk

Monday, May 30

Memorial Day



Schools Closed

Tuesday, May 31

BREAKFAST
Pancake 'n Sausage on a Stick

LUNCH

ENTREE CHOICES
Pizza
Stuffed Crust Dippers w/
Marinara Sauce
Spicy Chicken Tenders
Triple Decker Club

SIDE CHOICES
Tossed Salad/Dressing
Baked Fries
Diced Pears
Fresh Fruit
Chilled Milk



All secondary locations provide a variety of sandwiches and light fare side dishes



every day. Choose from yogurt cups, fresh veggies and fruits, tossed salads, sunflower seeds.... the list goes on. See your cafeteria manager if you do not see what you are looking for. We will either get or already have it! What's the price? Combine items and make a complete meal as you would for a hot lunch!

Atlanta's Skyline

